



HBF Freeway Bike Hike for Asthma

Sunday 21 March 2010

1. 60km WACF Race & Ride – Kwinana Station, starts from 7.00am
2. 30km Ride – Belmont Park Racecourse, starts from 8.30am
3. 10km Ride – Greenwood Station, starts from 10.30am

Travel for free on Transperth train services by displaying your Bike Hike event participant number on your bicycle seat post.

To plan your journey, use the Transperth JourneyPlanner at www.transperth.wa.gov.au or by calling the Transperth InfoLine on 13 62 13 (TTY: 9428 1999, TIS: 13 14 50).

Event and ticket information

Your event participant number allows travel on all Transperth train services for three hours before, during and three hours after the event. Simply display your event participant number.

In addition to the timetabled train services the following train services will operate on the day:

TRAINS

To the event

Pre-event trains for the 60km Kwinana start
Joondalup to Kwinana (southbound services)

	Train 1	Train 2	Train 3	Train 4	Train 5
Joondalup	5.26am	5.34am	5.41am	5.49am	5.56am
Greenwood	5.36am	5.44am	5.51am	5.59am	6.06am
Esplanade	5.50am	5.58am	6.05am	6.13am	6.20am
Bull Creek	6.00am	6.08am	6.15am	6.23am	6.30am
Kwinana	6.14am	6.22am	6.31am	6.37am	6.47am



To the event (continued...)

Pre-event trains for the 30km Belmont Park start Joondalup to Esplanade (southbound services)

	Train 1	Train 2	Train 3
Joondalup	6.48am	7.07am	7.22am
Greenwood	6.58am	7.17am	7.32am
Esplanade	7.11am	7.30am	7.45am

Pre-event trains for the 30km Belmont Park start Rockingham to Esplanade (northbound services)

	Train 1	Train 2	Train 3	Train 4	Train 5
Rockingham	6.39am	6.48am	6.58am	7.10am	-
Cockburn	6.57am	7.06am	7.16am	7.28am	7.47am
Bull Creek	7.04am	7.13am	7.23am	7.35am	7.54am
Esplanade	7.12am	7.21am	7.31am	7.43am	8.04am

To Belmont Park from Esplanade Station:

Participants starting at Belmont Park Racecourse should alight at Esplanade Station and make their way to the Belmont Park Racecourse. Two routes to consider are:

From Esplanade Station (located between Perth Convention Centre and the Belltower), participants will need to ride to the 30km start at Belmont Park using either of the following routes:

Route 1 (estimated 3kms)

- From Esplanade Station head east along Riverside Drive to Barrack Street
- Head north along Barrack Street to Stirling Street lights (on the bridge over the train line)
- Head east along the bike path to Belmont Park (at Claisebrook Train Station turn left at top of bridge and continue heading east on bike path)
- Follow the bike path under the Windan Bridge and continue east until you reach Belmont Park Racecourse.

Route 2 (estimated 5kms) *Recommended*

- From Esplanade Station cross Riverside Drive and join the bike path on the river
- Head east along the bike path (passed the Bell Tower) to the Causeway
- Cross the Causeway on the western side heading south
- Once on the southern side of the Causeway head north (under the Causeway) past Burswood Casino to the Windan Bridge
- Go under the Windan Bridge and follow the bike path east to Belmont Park Racecourse.



From the event

Post-event trains – Joondalup to Esplanade (southbound services)

Timetabled train services will leave Joondalup Station at 3, 18, 33 and 48 minutes past the hour. In addition to the timetabled train services, Transperth will also operate the following additional services.

	Train 1	Train 2	Train 3	Train 4	Train 5	Train 6	Train 7	Train 8	Train 9
Joondalup	9.30am	9.45am	10.00am	10.11am	10.26am	10.41am	11.00am	11.11am	11.26am
Greenwood	9.40am	9.55am	10.10am	10.21am	10.36am	10.51am	11.10am	11.21am	11.36am
Esplanade	9.53am	10.08am	10.23am						
Perth				10.34am	10.49am	11.04am	11.23am	11.34am	11.49am

BUSES

Transperth timetabled bus services will operate across the network according to a Sunday timetable. However, passengers must note that bikes are NOT permitted on Transperth buses.